



Healstem

Information Regarding Bodily Responses

Please be aware that depending on each person's body condition and constitution, the fomentation and detoxifying process may cause various bodily responses such as the following below:

- Swelling on various parts of your body is due to poor kidney health.
- Sleepiness, drowsiness, and tiredness are due to your body constitution being acidic.
- Headaches and dizziness are due to poor blood circulation and dehydration.
- Nausea is due to poor abdominal health.
- Chilliness happens when the body starts regulating the body temperature.
- Certain body areas may hurt more than usual, especially in existing symptoms.
- The heart beating faster is due to poor heart health.
- Itchy responses and red rashes are due to poor liver and skin health.
- Nose bleeds may happen due to poor cardiovascular health and high blood pressure.

NOTE: Most people will not have these responses. However, in case you do have these bodily responses, you do not need to worry. These responses happen naturally because your body is now adjusting in the process of healing. If you drink the recommended amount of wave energy water, these responses may be minimal or not appear at all. Give it 1 to 30 days for these bodily responses to disappear. Your body needs such time for adjustment.

*For further assistance or any questions, please feel free to contact (657) 253-8741 / support@healstem.com